

### UCAC NEWSLETTER

## Fall 2017- Welcome Back!

### What is UCAC?

The Center for Advising and Counseling enrolls students who have earned 30-plus hours of college credit and who have not yet met the admission requirements for one of the University’s degree-granting senior colleges. UCAC also offers an enrollment option and advising assistance for students working to meet the admission requirements to the Allied Health and pre-nursing programs at the LSU Health Sciences Centers in New Orleans and Shreveport.

### IMPORTANT SPRING DATES TO REMEMBER

August 21	Classes Begin
August 29	Final date for dropping courses without a W, 4:30 p.m.
August 30	Final date to add courses or implement the Grade Exclusion Policy, 4:30 p.m.
September 4	Labor Day holiday
October 19-20	Fall Holiday
October 22	Spring 2018 scheduling begins, 5:00 p.m.
November 3	Final date for dropping courses or resigning from the university, 4:30 p.m.
November 22-25	Thanksgiving holiday; begins Wednesday at 12:30 pm
December 2	Classes End
December 4-9	Final Exams

### MAJOR SPOTLIGHT: HUMAN RESOURCE EDUCATION

The College of Human Sciences and Education houses the Human Resource Education major, and currently requires a 2.2 GPA for admission.

Students earning a degree in Human Resource Education have careers working for non-profit, for-profit, governmental, and community based organizations.

Students are able to specialize in one of the following areas:

- Organizational Human Resource Development
- Organizational Consulting
- Leadership Development
- Organizational Psychology

Potential coursework would include:

- HRE 4025: Principles of Adult Education
- HRE 4805: Transition from College to Work
- MGT 4620: Human Behavior in Organizations
- HRE 4301: Assessment, Career Development, and Productivity

For more information, contact Sunyoung Park (225) 578-7844 / [spark65@lsu.edu](mailto:spark65@lsu.edu) or visit <http://lsu.edu/chse/shrewd/programs/undergraduate/hr-leadership-dev.php>.

### RESOURCE REVIEW: LSU LIBRARIES

#### The LSU Libraries:

- Have resources for research including subject specialists who can assist students with finding information in a certain area of study
- Provide students with a quiet place to study
- Have facilities to accommodate group study sessions
- Provide online access to LSU course textbooks, books, and journals

For more information, visit [www.lib.lsu.edu](http://www.lib.lsu.edu).

## UCAC ANNOUNCEMENTS:

- If you are a student on scholastic probation or warning, stay tuned for an email invitation to our Set for Success Workshops in September.
- For the most up to date information on TOPS, visit [lsu.edu/tops](https://lsu.edu/tops)
- Make sure you check your email for information on important meetings that may be required by UCAC in regards to admission to your senior college.
- Interested in joining the UCAC College Council? Contact us at [ucac@lsu.edu](mailto:ucac@lsu.edu)
- Look for UCAC at Fall Fest on September 29<sup>th</sup>!

### **A Professor's 11 Tips for a Successful First Year of College by Joelle Renstrom** (<https://www.noodle.com/articles/a-professors-11-tips-for-a-successful-first-year-of-college>)

#### **1. The first week *does* matter.**

If you miss class, arrive late, fall asleep, or otherwise don't engage, you'll get the professor's attention immediately — though not the kind of attention you'll want. The importance of momentum can't be overstated — if you make an effort in the first few weeks, the positive impetus will carry you through rough times later.

#### **2. Talk to your classmates, even if it feels awkward.**

Professors often give assignments designed to test cooperative skills, and they notice students who thrive in groups. Classmates aren't competitors — they're collaborators, and even friends. That's not to say you should write the same paper as your classmate; but studying together, putting test-cramming groups in place on social media, and even having venting sessions can help establish that feeling of camaraderie that makes everything seem more manageable.

#### **3. Life is what happens while you're looking at your phone.**

My students often complain about having done poorly, despite spending so much time on a paper or studying for a test. I've noticed that this tends to happen when they are used to looking at their phones every 10 minutes, which makes it hard to focus.

#### **4. Take breaks to prevent breakdowns.**

#### **5. Less can be more when it comes to credits.**

#### **6. Join student groups, but don't overcommit.**

#### **7. Secure disability letters, accommodations, and excused absences as soon as possible.**

#### **8. Treat teaching assistants (TAs) like professors.**

#### **9. Get acquainted with your advisor and campus resources.**

#### **10. A healthy body leads to a healthy mind.**

#### **11. Don't go home until Thanksgiving.**

Almost all schools have a parents' weekend in the fall, which is a great opportunity to see family and introduce them to campus and the town. If you think of going home as an option only if absolutely necessary, you'll be more likely to stick it out at school and solve problems on your own — which is really the whole point of the college experience.